

Our Business | Mission

Is to improve the quality of life for all those affected by mental illness through support, education, and advocacy; and to eliminate stigma and prejudice.



Farmington Valley-CT

Our Impact | Vision

NAMI Farmington Valley envisions a community where all persons affected by mental illness have support, help, care and hope; and others have knowledge, understanding and compassion.

Our Strategic Drivers and Goals 2015-2018

Build a Movement

NAMI Farmington Valley will work to enhance communication to increase awareness of NAMIFV and its commitment to all affected by a mental illness.

Leverage Technology

NAMI Farmington Valley will expand use of technology to increase connection and influence to increase and retain membership.

Drive Advocacy & Leadership skills

NAMIFV will lead advocacy efforts that drive increased access and quality health care. Develop leadership skills among members

Focus on Youth

NAMI Farmington Valley will develop and implement strategies that engage youth, young adults and their families, expanding our reach across the lifespan.

Strengthen the Organization

NAMI Farmington Valley will ensure that support and education are available as needed to the diverse community that NAMIFV serves.

Goals

- Develop a communication committee to disseminate information on programs and meetings of NAMIFV
- Maintain and grow communication partners to include the Faith community and Canton League of Women Voters; Rotary Club
- Full implementation of CIT (crisis intervention training)

Goals

- Form membership committee
- Update the membership data
- Email Blasts
- Improved web site
- Social Media
Facebook
Twitter
Instagram
Others
- Help with Fliers and other announcements
- Registration

Goals

- Form NAMIFV policy committee.
- Develop leadership skills among FV affiliates members and the NAMIFV board.
- Identify member(s) for NAMI CT policy committee
- Enhance connections with local, state, and national legislators.
- Complete the re-affiliation process

Goals

- Form a Young adult group
- Arrange a social gathering
- Explore youth needs

Goals

- Form an education committee
- Conduct**
At least 2 F2F Class
1 NAMI Basic Class
- Maintain**
2 Connection groups
1 young adult group
3 family support groups
1 NAMI CAN
3 Book Discussion groups in 3 towns
2 Educational meetings
1 Annual Meeting
- Explore & Implement**
Ending silence
How to eliminate stigma