

2016

The Caregiver Resource Center Resource Directory



This Resource Directory is being provided courtesy of
The Caregiver Resource Center

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www.CaregiverResourceCenter.com

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This Resource Directory was designed as a ready reference directory.

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While this directory was created to provide the most accurate information possible, the organizations herein at any time may decide to change the quantity, type and/or accessibility of any services or supplies that they provide. To ensure that an organization continues to provide the assistance or services that you seek, please contact an organization to ensure that the specific services you require remain available.

This directory should not be considered complete and should not be used in the place of a call, visit, advice, or consultation with a trained professional. If you have a health or mental health related problem, EAP, Inc. /TCRC strongly suggests that you visit your health care provider, or in the event of an emergency contact your local emergency service or seek immediate care at an emergency department.

The information about providers and services contained in this resource directory does not constitute endorsement or recommendation. It is your responsibility to verify and investigate any and all providers and services. Please consult your own professional advisor for all advice concerning medical, legal or financial matters in connection with the services you need.

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Every effort has been made to make this directory as accurate as possible. Although information has been checked and researched, it is possible that some information is missing or incorrect.

Please report any errors to The Caregiver Resource Center at:

LindaZiac@CaregiverResourceCenter.com

We hope that you find this Resource Directory helpful.

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|---|------------------------------------|
| Abused Spouse Assistance Services (NY) | 914 -345-5900 ext 240 |
| Addiction and Abuse Hotline | 800-777-2721 |
| Adoption Center (National) | 800-862-3678 |
| Abused Spouse Assistance Services (MHA NY) | 914-345-5900 |
| Addiction and Abuse Hotline | 800-777-2721 |
| Adoption Center (National) | 800-862-3678 |
| Administration on Aging | 202-401-4634 |
| Administration for Community Living (Aging) | 202-619-0724 |
| Administration on Developmental Disabilities | 202-690-6590 202-690-6415 TTY |
| Adolescent Crisis Intervention & Counseling | 800-448-3000 |
| Adolescent & Parents Suicide Hotline (National) | 800-448-3000 |
| AIDS Clinical Trials & Information Services | 800-448-0440 |
| AIDS National Hotline (CDD) | 800-232-4636 |
| AIDS & STDs Information Line | 800-232-4636 |
| Alanon and Alateen | 888-425-2666 |
| Alcohol & Drug Abuse Helpline (National) | 800-662-HELP |
| Alcohol and Drug Information , National) | 800-729-6686 English & Español |
| Alcohol, Tobacco, Firearms, & Explosives Bureau | 800-800-3855 |
| Alcoholics Anonymous | 877-855-0075 |
| Alliance on Mental Illness (NAMI) | 800-950-6264 Helpline |
| ALS Association (Amyotrophic Lateral Sclerosis, Lou Gehrig's Disease) | 800-782-4747 |
| Alzheimer's Association Info Line | 800-272-3900 |
| Alzheimer's Association of CT (24 hour) | 800-356-5502 |
| American Academy of Family Physicians | 800-274-2237 |
| American Association of Homes and Services for the Aging (Leading Age) | 202-783-2242 |
| American Association of Pain Control | 800-222-1222 24 hrs./7 days a week |

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| American Bar Association | 800-285-2221 |
| American Cancer Society | 800-227-2345 |
| American Chronic Pain Association | 800-533-3231 |
| American Council for the Blind | 800-424-8666 |
| American Counseling Association | 800-347-6647 |
| American Diabetes Association | 800-342-2383 |
| Americans with Disabilities Act Information Line | 800-514-0301 800-514-0383 TTY |
| American Foundation for Suicide Prevention | 888-333-2377 |
| American Geriatrics Society | 212-308-1414 |
| American Heart Association | 800-242-8721 |
| American Health Care Association | 202-842-4444 |
| American Liver Foundation (NY) | 212- 668-1000 |
| American Liver Foundation | 800-465-4837 Hotline |
| American Lung Association | 800-586-4872 |
| American Nurses Association | 800-274-4262 |
| American Osteopathic Association | 800-621-1773 |
| American Parkinson's Disease Association | 800-223-2732 |
| American Red Cross (National) | 800-733-2767 |
| American Red Cross (CT) | 203-655-2586 |
| American Running Association | 800-776-2732 |
| American Social Health Association | 800-227-8922 |
| American Society for Deaf Children | 800-942-2732 |
| American Speech-Language-Hearing Association | 800-638-8255 |
| Amtrack Trains | 800-USA-RAIL |
| American Trauma Society | 800-556-7890 |
| Angel Flight Mid-Atlantic | 800-296-3797 |
| Angelman Syndrome Foundation | 800-747-2820 |

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| Animal Poison Control Center | 888-426-4435 |
| Anorexia and Bulimia Association (National) | 847-831-3438 |
| Aplastic Anemia | 800-747-2820 |
| Area Agencies on Aging (National) | 202-872-0888 |

CT

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|---------------|--------------|
| North Central | 860-724-6443 |
| Southwestern | 800-994-9422 |
| South Central | 203-785-8533 |
| Southeastern | 860-887-3561 |
| Western | 203-757-5449 |

NY

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|--|--------------|
| Dutchess County | 845-486-2555 |
| Rockland County | 845-364-2110 |
| Westchester County | 914-813-6400 |
| Armed Forces Retirement Home | 800-422-9988 |
| Arthritis Foundation | 800-283-7800 |
| Arthritis National Research Foundation | 800-588-2873 |
| Assisted Living Federation of America (ALFA) | 703-894-1805 |
| Asthma & Allergy Information Clearinghouse | 800-727-8462 |
| Attention Deficit Disorder Association | 800-939-1019 |
| Attorney Referral (American Bar Association) | 800-285-2221 |
| Autism Society of America | 800-328-8476 |
| Autoimmune Related Diseases Association | 800-598-4668 |
| Birth Defects – March of Dimes (CT) | 860-812-0080 |
| Birth Defects – March of Dimes (NY) | 212-353-8353 |
| Brain Injury Information Center | 800-444-6443 |
| Brain Tumor Society (National) | 800-770-8287 |

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| Breast Cancer Y-ME National Organization | 800-221-2141 | English |
| Breast Cancer Y-ME National Organization | 800-986-9505 | Español |
| Bus Info (Fairfield County CT) | 203-852-0000 | |
| Bus Info – Bee Line (Westchester NY) | 914-813-7777 | |
| The Caregiver Resource Center (case management) | 203-861-9833 | |
| Cancer Hope Network | 800-552-4366 | |
| Caregiving Foundation (National) | 800-930-1357 | |
| Centers for Disease Control and Prevention | 800-232-4636 | 24 hrs./7 days a week |
| | 888-232-6348 | TTY |
| Centers for Medicare and Medicaid Services | 800-633-4227 | |
| Center for Missing & Exploited Children | 800-843-5678 | |
| Central Intelligence Agency (CIA) | 703-482-0623 | |
| Cerebral Palsy | 800-872-5827 | |
| Child Abuse & Neglect Hotline (CT) | 800- 842-2288 | |
| Child Help Abuse Hotline (National) | 800-4-A-CHILD | |
| Child Abuse Hotline (NY State) | 800-342-3720 | |
| Child Abuse & Family Violence Council | 800-799-7233 | |
| Child – At – Risk Hotline (MA) | 800-792-5200 | |
| Child Find of America, Inc. | 800-426-5678 | |
| | 800-292-9688 | Parental abduction |
| Child Health Insurance (State of CT-Husky Infoline) | 877-284-8759 | |
| Child Help USA Hotline | 800-422-4453 | 24 hrs/7 days |
| Child Protective Services (State of CT) | 800-842-2288 | |
| Child Protective Services (CT – hearing impaired) | 800-624-5518 | TTY |
| Child Pornography Tipline (Exploited Children) | 800-843-5678 | |
| Children and Adults with Attention Deficit/ Hyperactivity Disorders | 800-233-4050 | English/Español |
| Children of Aging Parents | 800-227-7294 | |
| Children’s Brain Tumor Foundation | 866-228-4673 | |

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| Christopher and Dana Reeve Foundation Paralysis and Spinal Cord Injury | 800-225-0292 |
| Chronic Fatigue Assoc. of America | 704-365-2343 |
| CIA | 703-482-0623 |
| Civil Rights | 800-368-1019 |
| Cleft Palate Foundation | 800-242-5338 |
| Cocaine Anonymous | 800-347-8998 |
| Cocaine Hotline | 800-262-2463 |
| The Connecticut Hospice | 203-315-7500 |
| Consumer Affairs – Mental Health Association (CT) | 800-921-0359 |
| Consumer Credit Counseling Agency (CT - DOL) | 860-263-6000 |
| Consumer Complaint Helpline (CT Attorney General) | 860-808-5318 |
| Consumer Helpline (NY Attorney General) | 800-771-7755 |
| Cooley's Anemia Foundation (Thalassemia) | 800-522-7222 |
| Cornelia de Lange Syndrome | 860-676-8166 |
| Crime Prevention Council (National) | 202-466-6272 |
| Crime Stoppers (National) | 800-222-TIPS |
| Crime Victim Hotline (NJ) | 800-242-0804 |
| Crime Victims Resource Center | 800-851-3420 |
| Crisis Helpline (Info-line) | 800-203-1234 or 211 |
| Crisis Team (Westchester NY) | 914-493-7075 |
| Crohn's & Colitis Foundation | 800-932-2423 |
| Cystic Fibrosis Foundation | 800-344-4823 |
| Connecticut Association of Adult Day Centers | 860-828-8653 |
| CT Association of Not-for-profit Providers For the Aging (CANPFA) | 860-525-5080 |
| DHHS Inspector General's Fraud Hotline | 800-447-8477 |
| Deaf/Blind - Helen Keller National Center | 516- 944-8900 |

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| Dental Association, American | 312-440-2500 |
| Department of Social Services (State of CT) | 800-842-1508 |
| Department of Social Services (Mount Vernon, NY) | 914-813-6000 |
| Department of Social Services (Yonkers, NY) | 914-231-2000 |
| Department of Social Services (Peekskill, NY) | 914-862-5000 |
| Department of Social Services (White Plains, NY) | 914-995-3333 |
| Department of Social Services (State of CT) | 800-842-4524 |
| Depressive & Manic Depressive Association | 800-826-3632 |
| Dyslexia Association (International) | 800-222-3123 |
| Diabetes Association | 800-232-3472 |
| Disabilities, Office of (State of CT) | 800-842-7303 |
| Disabilities, Office of (State of NY) | 914-995-2957 |
| DWI Offender Program (State of CT) [Forensics] | 860-262-6104 |
| Divorce Support Group | |
| Stanwich Church (Greenwich CT) | 203-661-4420 |
| Jewish Family Services (Greenwich CT) | 203-2206097 |
| Domestic Violence Helpline (CT) | 800-203-1234 |
| Domestic Abuse Helpline for Men & Women | 888-743-5754 |
| Domestic Abuse – My Sister’s Place (NY) | 800 298-SAFE |
| Domestic Violence Hotline (National) | 800-799-7233 800-787-3224 TTY |
| Domestic Violence Hotline – (Greenwich, CT) | 888-774-2900 |
| Domestic Violence Hotline – (Stamford, CT) | 203-588-9100 |
| Domestic Violence Hotline – (Norwalk, CT) | 203-853-0418 |
| Domestic Violence Hotline – (National) | 888-774-2900 24 hrs/7 days or Call 911 |
| Downs Syndrome Hotline | 212-460-9330 |
| Drug Abuse Helpline (National) | 800-662-4357 |

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| Drug Abuse Helpline (New York State) | 877-8-HOPENY |
| Dwarfism - Human Growth Foundation | 800-451-6434 |
| Dyslexia Association | 800-222-3123 |
| Easter Seals | 800-221-6827 |
| Eating Disorders Association, National | 800-931-2237 Helpline |
| Elder Abuse Reporting (CT) | 888-385-4225 |
| Elder Abuse Reporting (NY) | 800-342-3009 press option 6 |
| Elder Info Line National Hotline | 866-847-4418 |
| Eldercare Locator | 800-677-1116 |
| Emergency Management & Homeland Security (CT) | 860-256-0800 |
| Emergency Shelter Info (CT) | 800-203-1234 |
| Endometriosis Association | 800-992-ENDO |
| Energy Assistance Program (State of CT - DSS) | 800-842-1508 |
| Epilepsy Foundation | 800-332-1000 |
| Equal Employment Opportunity Commission | 800-669-4000 |
| Equifax (Credit Bureau) | 800-685-1111 |
| Essential Tremor Foundation (International) | 888-387-3667 |
| FACES: The National Craniofacial Association | 800-332-2373 |
| Families of Spinal Muscular Atrophy | 800-886-1762 |
| Family Abuse Crisis Center (Fairfield County, CT) | 888-774-2900 |
| Family Abuse Services (Westchester NY) | 914-345-9111 |
| Families Together in NYS (mental health issues) | 888-326-8644 |
| Family Violence Hotline – (Greenwich, CT) | 203-622-0003 |
| Family Violence Hotline – (Stamford, CT) | 203-588-9100 |
| Family Violence & Child Abuse Council | 800-799-7233 |
| Family Violence Center (National) | 888-774-2900 24 hrs/7 days or Call 911 |
| Family Helpline (Westchester NY) | 914-995-5972 |

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| Family Violence Hotline – NY State (English) | 800-942-6906 |
| Family Violence Hotline – NY State (Spanish) | 800-942-6908 |
| FBI (CT) | 203-777-6311 |
| FBI Office (NY) | 212-384-1000 |
| Federal Citizen Information Center | 888-878-3256 |
| Federal Information Center (Federal Government) | 800-FED-INFO |
| Federal Trade Commission | 877-382-4357 |
| Fibromyalgia Network | 800-853-2929 |
| Fibromyalgia Syndrome | 520-733-1570 |
| First Candle/SIDS Alliance | 800-221-7437 |
| Food Allergy Research and Education | 860-929-4040 |
| Food Safety (FDA) | 800-332-4010 |
| Fraud Information Center (National) | 202-835-3323 |
| Friends of Battered Women & Their Children | 800-603-HELP |
| Gambling Hotline | 800-552-4700 |
| Gay and Lesbian Crisis Line (National Safeline) | 888-843-4564 |
| Gay and Lesbian Teen Help | 800-621-4000 |
| Gay, Lesbian, Bisexual, and Transgender Helpline | 888-340-4528 |
| Gay, Lesbian, Bisexual, and Transgender Hotline | 888-843-4564 |
| Genetic and Rare Diseases Information Center | 888-205-2311 888-205-3223 TTY |
| Gerontological Society of America | 202-842-1275 |
| Girls and Boys Town Hotline | 800-448-3000 800-448-1833 TDD |
| Glaucoma Research Foundation | 800-826-6693 |
| Grief Recovery Helpline | 818-907-9600 |
| Guide Dog Foundation for the Blind, Inc. | 800-548-4337 |
| Guide Dogs for the Blind | 800-295-4050 |
| Gulf War Veterans | 800-827-1000 |

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| Head Injury Foundation | 800-444-NHIF |
| Headache Foundation | 800-843-2256 |
| HealthCare.gov – Health Insurance Marketplace | 800-318-2596 855-889-4325 TTY |
| Health Information Center (National) | 800-336-4797 |
| Hearing (Speech-Language- Hearing Association) | 800-638-8255 |
| Heart Association | 800-242-8721 |
| Hereditary Disease Foundation | 212-928-2121 |
| Hepatitis Foundation International | 800-891-0707 |
| Herpes Resource Center | 919-361-8488 |
| Hispanic Health (National Alliance) | 866-783-2645 |
| Hill-Burton Hotline (Free Care Program, Titles VI & XVI) | 888-275-4772 |
| Hill-Burton Medical Care Program | 800-638-0742 |
| Home Health Hotline | 800-628-5972 |
| HOPEline (Substance Abuse Assistance) NY | 877-8-HOPENY |
| Hospice Foundation of America | 800-854-3402 |
| Hospice International (Children) | 866-374-2472 |
| Huntington's Disease | 800-345-4372 |
| Immune Deficiency Foundation | 800-296-4433 |
| Information (Westchester County Executive Offices) | 914-995-2900 |
| Information Center (National) | 888-878-3256 |
| Institutional Abuse - Mentally Disabled (NY State) | 800-624-4143 |
| International Rett Syndrome Association | 800-818-7388 |
| IRS - Internal Revenue Service | 800-829-1040 |
| Juvenile Diabetes Research Foundation | 800-533-2873 |
| Kidney Foundation | 800-622-9010 |
| La Leche League International | 800-525-3243 |
| Leukemia & Lymphoma Society | 800-955-4572 |

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| Lead Poisoning Prevention (State of CT) | 860-240-0290 |
| Lighthouse Guild International | 800-829-0500 |
| Limb Loss Information Center | 888-267-5669 |
| Literacy Directory (National) | 877-389-6874 |
| Liver Foundation | 800-465-4837 |
| Living Bank (Organ Donation) | 800-528-2971 |
| Lung Association | 800-586-4872 |
| Medicaid Fraud Control Unit (CT) [Elder Services] | 860-258-5986 |
| Medicaid Fraud Control Unit (NY) | 212-417-5397 |
| Medicare Issues Hotline | 800-633-4227 877-486-2048 TTY |
| Lupus Foundation of America | 800-558-0121 800-558-0231 Español |
| Mental Health America | 800-969-6642 |
| Mental Health Association of Connecticut | 860-529-1970 |
| Mental Health and Addiction Services (CT) | 860-418-7000 |
| Mental Health Services (NJ Mental Health Cares) | 866-202-4357 |
| Mental Health Department (Orange County NY) | 800-832-1200 24 hrs./7 days a week |
| Mental Health Department (Putnam County NY) | 845- 808-1500 |
| Mental Health Department (Rockland County NY) | 845-267-2172 |
| Mental Health Department (Westchester) | 914-995-5237 |
| Mental Health America (National) | 800-969-6642 |
| Mental Health/Suicide Crisis Hotline (CT) | 203-358-8500 24 hrs/7 days or call 911 |
| Minority Health Resource Center | 800-444-6472 |
| Missing & Exploited Children | 800-843-5678 |
| Mobile Crisis Team (Westchester NY) | 914-925-5959 |
| Mobile Psychiatric Services (DuBois Center) | 800-586-9903 M-F 8am-6pm or call 911 |
| Multiple Sclerosis Association of America | 800-532-7667 |

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| Multiple Sclerosis Foundation | 888-673-6287 |
| Muscular Dystrophy Association (MDA) | 800-572-1717 |
| Myasthenia Gravis Foundation | 800-541-5454 |
| My Sister's Place - Domestic Violence (NY) | 800 298-SAFE |
| Nar-Anon (CT) [Info-line] | 800-203-1234 or 211 |
| Narcotics Anonymous (CT) | 800-627-3543 |
| Narcotics Anonymous Helpline (NY) | 212-929-6262 |
| National Abortion Federation | 800-772-9100 |
| National Academy of Elder Law Attorneys, Inc. | 520-881-4005 |
| National Adult Day Services Association | 877-745-1440 |
| National Alcohol and Drug Information | 800-729-6686 |
| National Alcohol and Drug Information | 800-729-6686 English & Español |
| National Alliance on Mental Illness (NAMI) | 800-950-6264 Helpline |
| National Association for Home Care & Hospice | 202-547-7424 |
| National Association of Professionals | 520-881-8008 |
| National Association of Senior Move Managers | 877-606-2766 |
| National Center for Chronic Disease Prevention | 800-232-4636 888-232-6348 (TTY) |
| National Center for Lesbian Rights | 800-528-6257 Legal Information Line |
| National Center for Missing Exploited Children | 800- 843-5678 800-826-7653 TTY |
| National Center for Stuttering | 800-221-2483 |
| National Council on Aging | 800-424-9046 |
| National Council Alcoholism & Drug Dependence | 800-622-2255 |
| National Council on Problem Gambling | 800-522-4700 |
| National Digestive Diseases Info Clearinghouse | 800-891-5389 866-569-1162 TTY |
| National Domestic Violence Hotline | 800-799-7233 800-787-3224 TTY |
| National Down Syndrome Congress | 800-232-6372 |

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| National Down Syndrome Society Hotline | 800-221-4602 |
| National Eating Disorders Association | 800-931-2237 Helpline |
| National Endocrine and Metabolic Diseases | 888-828-0904 |
| National Fibromyalgia Partnership | 866-725-4404 |
| National Geriatric Care Managers | 520-881-8008 |
| National Health Information Center | 800-336-4797 |
| National Hemophilia Foundation | 800-424-2634 866-569-1162 TTY |
| National Hispanic Council on Aging | 202-347-9733 |
| National Injury Information Clearinghouse | 800-638-2772 Consumer Hotline |
| National Institute on Aging Information Center | 800-222-2225 |
| National Institute of Allergy & Infectious Diseases | 866-284-4107 800-877-8339 TDD |
| National Institute Neurological Disorders & Stroke | 800-352-9424 |
| National Library Service for the Blind and Physically Handicapped | 800-424-8567 |
| National Life Center/Pregnancy Hotline | 800-848-5683 |
| National Multiple Sclerosis Society | 800-344-4867 |
| National Oral Health Information Clearinghouse | 866-232-4528 |
| National Organization for Victim Assistance | 800-879-6682 |
| National Parkinson Foundation, Inc. | 800-473-4636 |
| National Patient Travel Helpline | 800-296-1217 |
| National Prenatal Helpline | 800-311-2229 800-504-7081 Español |
| National Program for Playground Safety | 800-554-7529 |
| National Rehabilitation Information Center | 800-346-2742 |
| National Runaway Switchboard | 800-86-2929 800-621-0394 TDD |
| National Stroke Association | 800-787-6537 |
| National Suicide Hotline | 800-273-8255 |

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| National Veterans Services Fund, Inc. | 800-521-0198 |
| New Jersey Addiction Services | 844-276-2777 |
| NY Terrorism Hotline | 866-SAFENYS |
| Nursing Home Reform, National Citizens Coalition | 202-332-2275 |
| OCD Foundation | 617-973-5801 |
| Office of Minority Health Resource Center | 800-444-6472 |
| Office on Smoking and Health, CDC | 800-784-8669 QUIT NOW 888-232-6348 TTY |
| Organ Donation -Living Bank | 800-528-2971 |
| Osteoporosis Foundation (National) | 202-223-2226 800-231-4222 |
| Ovarian Cancer National Alliance | 202-331-1332 |
| Panic Disorder Helpline (Mental Health Assoc.) | 703- 524-7600 |
| Paralysis and Spinal Cord Injury Christopher and Dana Reeve Foundation | 800-225-0292 |
| Paralyzed Veterans Association | 800-424-8200 800-795-4327 TTY |
| Parents Anonymous | 909-621-6184 |
| Parent Helpline (All of NY State) | 800-342-7472 24 hrs /English & Español |
| Parent to Parent -NY (children with special needs) | 800-305-8817 |
| Parent Support (Info-Line) | 800-203-1234 or 211 |
| Parkinson Foundation National | 800-473-4636 |
| Parkinson's Disease Foundation | 800-457-6676 |
| Parkinson Disease – American Association | 800-223-2732 |
| Partnership for Prescription Assistance | 888-477-2669 |
| PFFLG - Parents/Families of Lesbians & Gays | 202-467-8180 |
| Planned Parenthood (National) | 800-230-PLAN |
| Planned Parenthood (Stamford CT) | 203-327-2722 |
| Playground Safety - National Program | 800-554-7529 |

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| Pornography Tipline (Missing & Exploited Children) | 800-843-5678 |
| Poison Control Centers | 800-362-9922 |
| Poison Help Hotline (UCONN) | 800-222-1222 |
| Prader-Willi Syndrome Association | 800-926-4797 |
| Pregnancy Crisis Counseling - Adoption Services | 800-441-2670 |
| Pregnancy Hotline - National Life Center | 800-848-5683 |
| Pregnancy Information (NY) | 800-522-5006 |
| Problem Gambling - National Council | 800-522-4700 |
| Prostate Information Line (American Medical Systems) | 800-543-9632 |
| Prostatitis Foundation | 888-891-4200 |
| Protection and Advocacy for Persons with Disabilities (State of CT) | 860-297-4300 |
| Psoriasis Foundation | 800-723-9166 |
| Public Health Line (Westchester NY) | 914-813-5000 |
| Rape, Abuse, & Incest National Network | 800-656-4673 |
| Rape Crisis Hotline (CT) | 888-999-5545 24 hrs./7 days a week |
| Rape Crisis Helpline (National) | 914-345-9111 |
| Rare Disorders | 800-999-6673 |
| Red Cross | 800-733-2767 800-257-7575 Español |
| Rehabilitation Information Center (National) | 800-346-2742 |
| Restless Legs Syndrome Foundation | 877-463-6757 |
| Rett Syndrome Association (International) | 800-818-7388 |
| Reye's Syndrome Foundation (National) | 800-233-7393 M-F 9-5 |
| Runaway Switchboard (National) | 800-621-4000 |
| SAFE (Self-Abuse Finally Ends) | 800-366-8288 |
| Scleroderma Foundation | 800-722-4673 |
| Scoliosis Foundation | 800-673-6922 |

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| Self-Injury Hotline | 800-DONT-CUT |
| Senior Helpline (CT) (Info-Line) | 800-203-1234 or 211 |
| Senior Citizen Hotline (NY State) | 800-342-9871 |
| Sexual Assault Hotline | 800-656-HOPE |
| Sexual Assault Hotline (CT) | 888-999-5545 24 hrs./7 days a week |
| Sexually Transmitted Diseases (STDs) | 800-227-8922 |
| Shriner's Hospital (Children's Patient Referral) | 800-237-5055 |
| Sickle Cell Disease | 800-421-8453 |
| SIDS Alliance - First Candle | 800-221-7437 |
| Simon Foundation for Continence | 800-237-4666 |
| Sjogren's Syndrome | 800-475-6473 |
| Skin Cancer Foundation | 800-SKIN-490 |
| Smoking Quitline of the National Cancer Institute | 877-448-784) 800-332-8615 TTY |
| Smoking, Tobacco and Health Information Line | 800-232-4636 Recording |
| Social Security Administration | 800-772-1213 |
| Special Needs - Yale Center for Special Needs | 888-842-1937 |
| Speech-Language-Hearing Association | 800-638-8255 |
| Spina Bifida Associations of America | 800-621-3141 |
| Spinal Cord Injury Association | 800-962-9629 |
| STOP-DWI (NY) | 914-995-4115 |
| Stroke Association | 800-787-6537 |
| Students Against Driving Drunk (SADD) | 877-SADD-INC |
| Stuttering, National Center for | 800-221-2483 |
| Substance Abuse Treatment Hotline (HHS) | 800-662-4357 |
| Sudden Infant Death Syndrome | 888-8CJ-SIDS |
| Suicide Crisis Hotline (Fairfield County, CT) | 203-358-8500 |
| Suicide/Crisis Hotline (NY) | 914-347-6400 |

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| Suicide Hotline (National) | 800-784-2433 | 24 hrs./7 days a week |
| Suicide Hotline (National - Veterans) | 800-273-8255 | Press 1 |
| Suicide Hotline (National - Spanish) | 800-273-8255 | Press 2 |
| Suicide Hotline for Gay Teens (National) | 866-488-7386 | 24 hrs./7 days a week |
| Survivors of Sexual Assault | 800-656-HOPE | |
| Syringomyelia Hotline | 800-ASAP-282 | |
| Teen AIDS National Hotline (CDD) | 800-232-4636 | |
| Teen Gay, Lesbian, Bisexual, & Transgender | 888-843-4564 | |
| Teen Pregnancy Hotline | 800-522-5006 | |
| Teen Runaway Hotline | 800-RUN-AWAY | |
| Teen Helpline | 800-448-3000 | |
| Thyroid Association, American | 703-998-8890 | |
| Tourette Association of America | 888-486-8738 | |
| Train Info (Metro North) | 800-METRO-INFO | |
| Trauma Society, American | 800-556-7890 | |
| Travelers International Health Advisory (HHS) | 800-CDC INFO | |
| United Way Info-Line | 800-203-1234 or 211 | |
| Vehicle Safety Hotline | 888-327-4236 | |
| Vestibular Disorders Association | 800-837-8428 | |
| Victim Advocate, Office of (CT) | 888-771-3126 | |
| Victim Assistance, National Organization for | 800-879-6682 | |
| Victim Center Info-link | 855-4-VICTIM | M-F 8:30a-5:30p |
| Victims of Crime Helpline (Nationwide) | 855-484-2846 | |
| Well Spouse Association | 800-838-0879 | |
| Westchester Self-Help Clearinghouse | 914-761-0600 ext. 308 | |
| YMCA of the USA | 800-872-9622 | |
| Youth in Crisis (Mental Health Association) | 860- 529-1970 | |

State of CT Programs

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|---|--------------|
| Information, After Hours, Emergencies | 860-509-8000 |
| Adoption Program (adoption decrees) | 860-509-7956 |
| Affirmative Action | 860-509-7267 |
| AIDS and Chronic Diseases | 860-509-7801 |
| AIDS Health Care and Support Services | 860-509-7806 |
| Asbestos | 860-509-7367 |
| Asthma | 860-509-7751 |
| Child Day Care Licensing | 860-509-8045 |
| Children & Youth with Special Health Care Needs | 860-509-8074 |
| Chronic Disease | 860-509-8211 |
| Commissioner's Office | 860-509-7101 |
| Community Health Center | 860-509-8074 |
| Communications | 860-509-7270 |
| Comprehensive Cancer | 860-509-7804 |
| Contracts and Grants Management | 860-509-7704 |
| Drinking Water | 860-509-7333 |
| Emergency Medical Services | 860-509-7975 |
| Environmental & Occupational Health Assessment | 860-509-7740 |
| Environmental Engineering/Sewage | 860-509-7296 |
| Environmental Laboratory Certification | 860-509-7389 |
| Environmental Practitioner Licensure | 860-509-7559 |
| Epidemiology and Emerging Infections | 860-509-7994 |
| Facility Licensing & Investigations | 860-509-7407 |
| Building Fire and Safety | 860-509-7500 |
| Certification Processing | 860-509-7300 |

State of CT Programs (continued)

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|---|--------------|
| Facility Licensing & Investigations | 860-509-7407 |
| Clinical Laboratories | 860-509-7400 |
| General Information Complaints, Inspections, & Nurse Aide Training | 860-509-7400 |
| Healthcare Facilities/Organizations | 860-509-7400 |
| Healthcare Facility Licensing Processing | 860-509-7444 |
| Home Health Hotline | 800-828-9769 |
| Food Protection | 860-509-7297 |
| Government Relations | 860-509-7269 |
| Health Care Access, Office of | 860-418-7001 |
| Health Care Associated Infections | 860-509-7995 |
| Health Care Quality Statistics and Reporting | 860-509-7658 |
| HIV Prevention | 860-509-7807 |
| HIV Surveillance/Hepatitis | 860-509-7900 |
| Human Resources | 860-509-7177 |
| Immunizations | 860-509-7929 |
| Infectious Diseases | 860-509-7995 |
| Informatics | 860-509-7186 |
| Information Technology (IT) Help Desk | 860-509-7777 |
| Injury Prevention | 860-509-7805 |
| Laboratory | 860-920-6500 |
| Lead | 860-509-7299 |
| Legal Office | 860-509-7600 |
| Local Health Administration | 860-509-7660 |
| Maternal and Child Health | 860-509-8074 |
| Multicultural Health | 860-509-7140 |

State of CT Programs (continued)

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|---|--------------|
| Newborn Hearing Screening | 860-509-8074 |
| Nutrition | 860-509-7803 |
| Obesity | 860-509-8251 |
| Oral Health | 860-509-7382 |
| Paternity Program | 860-509-7958 |
| Practitioner Licensing and Investigations | 860-509-7590 |
| Practitioner Investigations Unit | 860-509-7552 |
| Toll-Free Complaint Hotline | 860-842-0038 |
| Practitioner Licensing Unit | 860-509-7603 |
| Public Health Preparedness | 860-509-8282 |
| Private Well Water | 860-509-7296 |
| Public Health Hearing Office | 860-509-7648 |
| Appeals of Local Health Orders | 860-509-7648 |
| Purchasing | 860-509-7247 |
| Radon | 860-509-7367 |
| Recreation | 860-509-7296 |
| Research and Development | 860-509-7104 |
| School & Adolescent Health | 860-509-8074 |
| Sexually Transmitted Diseases | 860-509-7920 |
| Tobacco | 860-509-8251 |
| Tuberculosis and Refugee Health | 860-509-7722 |
| Tumor Registry | 860-509-7163 |
| Vital Records | |
| Information/Customer Service | 860-509-7700 |
| Women, Infants and Children (WIC) | 860-509-8084 |
| Youth Camp Licensing | 860-509-8045 |

State of New York (NYS) – Departments

| | |
|--|----------------------------------|
| Child Abuse Hotline | 800-342-3720 |
| Adult Protective Services | 844-697-3505 |
| Aging - Senior Citizens Hotline | 800-342-9871 |
| Attorney General's Office: | |
| General Helpline: | 800-771-7755 |
| Health Care Hotline: | 800-428-9071 |
| Medicaid Fraud Control Unit | 212-417-5397 |
| For the Hearing Impaired | 800-788-9898 TTY |
| Banking Department | 877-BANK-NYS |
| Bureau of Chronic Disease Services | 518-474-0512 |
| Children & Family Services | 518-473-7793 |
| Dept of Health – Growing Up Healthy | 800-522-5006 |
| Domestic Violence | 800-942-6906 800-655-1789 TTY |
| Health Insurance Programs | 518-408-1495 |
| Long Term Care | 518-474-0662 |
| HIV Counseling Hotline (NY) | 800-872-2777 |
| Home Health Care | 800-628-5972 |
| Hospice | 800-628-5972 |
| Insurance Department – Consumer Services | 800-342-3736 |
| Medicaid Inspector General | 518-473-3782 |
| Medicaid Managed Care | |
| New York City | 800-505-5678 |
| Nassau County | 888-562-9092 |
| Suffolk County | 888-566-9799 |
| Minority Health | 518-474-2180 |

State of New York (NYS) – Departments

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|--------------------------------------|--------------|
| Nursing Home Patient Care Complaints | 888-201-4563 |
| Occupational Health & Safety | 518-474-8130 |
| Office for the Aging | 518-474-4425 |
| Partnership for Long-Term Care | 888-NYS-PLTC |
| Professional Medical Conduct Unit | 800-663-6114 |
| Public Health Duty Officer Helpline | 866-881-2809 |
| Smokers Quit Line | 866-NY QUITs |
| Veterans Affairs | 518-474-6114 |
| Victim Information and Notification | 888-846-3469 |

Social Security Administration

| | | |
|--------------------------------------|--------------|-----------------|
| General Information and Services | 800 772-1213 | 7 am - 7 pm |
| General Information and Services TTY | 800 325-0778 | 7 am - 7 pm |
| Bridgeport 3885 Main St, 3rd Flr | 866-331-6399 | Mon-Fri 9am-4pm |
| Stamford 2 Landmark Sq, Ste 105 | 866-770-1881 | Mon-Fri 9am-4pm |

US Government Agencies

| | |
|--------------------------------------|--------------|
| Administration on Aging | 202-619-0724 |
| Armed Forces Retirement Home | 800-422-9988 |
| Bureau of Alcohol, Tobacco, Firearms | |
| Arson Hotline | 888-283-3473 |
| Bomb Hotline | 888-283-2662 |
| Report Illegal Firearms Activity | 800-283-4867 |
| Firearms Theft Hotline | 888-930-9275 |
| Centers for Disease Control (CDC) | 800-232-4636 |

US Government Agencies (continued)

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|---|--|
| Central Intelligence Agency (CIA) | 703-482-0623 |
| Citizenship and Immigration Services | 800-375-5283 800-767-1833 TTY |
| Commission on Civil Rights | 800-552-6843 Complaint Referrals 202-376-8116 TTY |
| Congress | 800-333-4636 |
| Customs and Border Protection | 877-227-5511 866-880-6582 TTY |
| Department of Commerce | 202-482-2000 |
| Department of Defense | 703-571-3343 |
| Department of Education | 800-872-5327 800-437-0833 TTY |
| Department of Energy | 202-586-5000 800-877-8339 TTY |
| Department of Health and Human Services | 877-696-6775 |
| Department of Homeland Security | 202-282-8000 |
| Department of Housing and Urban Development | 202-708-1112 202-708-1455 TTY |
| Department of the Interior | 202-208-3100 |
| Department of Justice | |
| Main Switchboard | 202-514-2000 |
| Office of the Attorney General | 202-353-1555 |
| Passport Information | 877-487-2778 |
| Visa Information | 603-334-0700 |
| Department of Labor | 866-487-2365 877-889-5627 TTY |
| Department of State | 202-647-4000 800-877-8339 TTY |
| Department of Transportation | 855-368-4200 800-877-8339 TTY |

US Government Agencies (continued)

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|---|--|
| Department of Veterans Affairs (VA) | 800-827-1000 800-829-4833 TTY |
| Equal Employment Opportunity Commission | 800-669-4000 202-663-4494 TTY |
| Federal Aviation Administration (FAA) | 866-835-5322 |
| Federal Bureau of Investigation (FBI) | 800-225-5324 |
| Federal Bureau of Prisons | 202-307-3198 |
| Federal Citizen Information Center | 844-872-4681 |
| Federal Emergency Management Agency | 800-621-3362 800-462-7585 TTY |
| Federal Information Hotline | 800-333-4636 |
| Federal Trade Commission | 877-382-4357 866-653-4261 TTY |
| Federal Transit Administration | 866-377-8642 800-877-8339 |
| Food and Drug Administration (FDA) | 888-463-6332 |
| Home Land Security | |
| Operator Number | 202-282-8000 |
| Comment Line | 202-282-8495 |
| House of Representatives | 202-224-3121 202-225-1904 TTY |
| Indian Health Service | 301-443-3593 |
| Internal Revenue Service | 800-829-1040 800-829-4059 TTY |
| Library of Congress | 202-707-5000 202-707-8000 Visitor Information |
| Marshals Service | 202-307-9100 |
| Medicare Fraud Hotline | 800-447-8477 |
| National Aeronautics and Space Administration | 202-358-0000 |

US Government Agencies (continued)

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|---|--------------------------------------|
| National Guard | 703-607-2584 |
| Army National Guard Recruiting | 800-464-8273 |
| Air National Guard Recruiting | 800-864-6264 |
| National Health Information Center | 240-453-8280 |
| National Highway Traffic Safety Administration | 888-327-4236 800-424-9153 TTY |
| National Institute of Mental Health | 866-615-6464 301-443-8431 TTY |
| National Institute Occupational Safety & Health | 800-232-4636 888-232-6348 TTY |
| National Institutes of Health | 301-496-4000 301-402-9612 |
| National Park Service | 202-208-3818 |
| National Passport Information Center | 877-487-2778 888-874-7793 TTY |
| National Railroad Passenger Corp (AMTRAK) | 800-872-724 800-523-6590 TTY |
| National Security Agency (NSA) | 301-688-6524 |
| National Security Council | 202-456-1111 202-456-6213 TTY |
| National Transportation Safety Board | 202-314-6000 |
| Peace Corps | 855-855-1961 |
| Postal Service (USPS) | 800-275-8777 877-889-2457 TTY |
| Prisoner of War/Missing Personnel Office | 703-699-1420 |
| Railroad Retirement Board | 877-772-5772 312-751-4701 TTY |
| Secret Service | 202-406-5708 |
| Social Security Administration | 800-772-1213 800-325-0778 TTY |

US Government Agencies (continued)

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|--|----------------------------------|
| Substance Abuse & Mental Health Services | 877-726-4727 |
| 24 Hour Helpline | 800-662-4357 |
| TRICARE Management | 877-874-2273 |
| Treasury Department | 202-622-2000 |
| U.S. Consumer Product Safety Hotline | 800-638-2772 301-595-7054 TTY |
| U.S. Department of Veterans Affairs | 800-827-1000 |
| U.S. House of Representatives | 202-224-3121 |
| US Senate | 202-224-3121 202-225-1904 TTY |
| The White House Switchboard | 202-456-1414 |

U.S. Department of Veterans Affairs

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|---|------------------|
| Benefits Information and Claims Assistance | 800-827-1000 |
| Education (GI) Benefits | 888-442-4551 |
| Health Care Benefits | 877-222-8387 |
| Income Verification and Means Testing | 800-929-8387 |
| Information and Claims | 800 829-4833 TTY |
| Life Insurance | 800-669-8477 |
| Mammography Helpline | 888-492-7844 |
| Special Issues – Gulf War/Agent Orange/Project Shad/Mustard Agents and Lewisite/Ionizing Radiation | 800-749-8387 |
| Status of Headstones and Markers | 800-697-6947 |
| Telecommunications Device for the Deaf | 800-829-4833 TDD |
| Veterans Crisis Line | 800-273-8255 |
| Combat Call Center | 877-927-8387 |
| Veterans Special Issue Helpline Agent Orange/Persian Gulf War) | 800-749-8387 |

The Caregiver Resource Center

The Caregiver Resource Center offers a spectrum of board certified case management and advocacy services for both health and mental health issues; with flexible options to help plan for a client's current and evolving needs.

Our mission is to assist seniors, people with special needs, and their families in understanding care issues, facilitating open communication; and providing information, support and guidance through the care process.

Our services strive to plan for and implement ways to allow for the client's greatest degree of health, safety, independence, and quality of life.

Some Benefits of Our Services

- Well respected company serving the community since 1990
- Assistance for seniors, people with special needs, and families; who are dealing with health and/or mental health challenges
- All services are individually designed to meet the unique needs of the client and their family
- We are available 7 days a week by appointment, and 24/7 for emergencies
- Our services are provided onsite in the home, doctor's office, ER, hospital, rehab facility, assisted living facility, hospice, and nursing home.
- Professional Support & Guidance

For information on our services visit us at - www.CaregiverResourceCenter.com

Linda Ziac, LPC LADC, BCPC, CEAP, CCM, CDP – President

(203) 861-9833 · LindaZiac@CaregiverResourceCenter.com